Defend Ready

Online to On-Target. Safe Fundamentals, Confident First Shots.

Defend Ready: Safety, Storage & On-Target Checklist

Use this checklist with the Defend Ready online course. Check off the safety and storage habits you'll practice, and use the last section if you book the optional in-person session. The online course stands on its own; the in-person session is optional and not required to complete it. Educational only; not legal advice; not a License to Carry course. In an emergency, call 911.

The Four Universal Firearm Safety Rules

[1] Treat every firearm as if it's loaded: open the chamber and check, visually and physically

[2] Never point at anything you're not willing to destroy (holsters, bags, and vehicles too)

[3] Keep your finger off the trigger until you're ready to shoot: index on the slide or frame crease

[4] Be sure of your target and what's beyond and around it

☐ Safety mindset is constant, not just a range mindset. Under stress I default to my training, so I train slow, smooth, and deliberate

☐ Only three safe places to be loaded: in the hand, in a holster, or in a gun safe. Gun down means locked open, chamber flag, or barrel block; I never rely on an external safety alone

☐ Range gear: hearing and eye protection, close-fitting clothes, a cap (recommended), and closed-toe, non-slip shoes

Storage Self-Assessment

☐ I've thought like the person who shouldn't find my firearm: children, guests, cleaners, and criminals

☐ Each firearm has a storage plan (cabinet, trigger or cable lock, biometric or quick-access safe) that fits this household

☐ Ammo is stored cool and dry, separate when possible, and locked if children are present

☐ Vehicles aren't vaults: locked console or under-seat safe; I never leave a gun unsecured in a vehicle

☐ I lock it before maintenance, cleaners, or guests arrive, and I don't share codes or keys casually

☐ Kids: I never rely on "out of reach." We teach Stop, Don't Touch, Leave the Area, Tell an Adult (Eddie Eagle, Project ChildSafe)

☐ Someone struggling? I talk with a pastor or a Christian counselor, or call or text 988. Immediate danger: 911

Storage I'll upgrade this week, and who I'll talk with about our plan:

Handgun, Ammunition, Grip, and Malfunctions

☐ I choose a handgun for fit, manageable recoil, ease of operation, and purpose — not just caliber or size. The best caliber is the one I shoot accurately and confidently; 9mm is the most common self-defense choice

☐ Train with FMJ; carry quality JHP and test it in my gun (Walt: 50–100 rounds). I check range rules — some require FMJ

☐ I match caliber on the barrel, the box, and the headstamp; I check the manual; I avoid +P or +P+ unless the gun is rated for it

☐ I know my controls and any manual safety (it can fail). I can ask about a try-before-you-buy consultation

☐ Grip: strong hand high on the backstrap, support hand wraps, thumbs forward (support about 60%, strong hand about 40%)

☐ Isosceles stance: feet shoulder-width, knees slightly bent, arms out. I avoid leaning back, locked knees, or narrow feet

☐ Front sight centered and level in the rear notch, equal light; focus on the front sight. Press the trigger straight to the rear, smoothly — don't jerk or slap

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- ☐ Malfunctions: MOVE to cover if possible, SLAP/TAP the magazine, RACK the slide fully, LOOK in the chamber
- ☐ Failure to eject: tap, rack, attempt to fire. Out of battery: push the slide forward. Failure to extract ("double feed"): magazine out, rack several times until clear, then reload
- ☐ I stay calm and keep muzzle awareness the whole time I'm clearing a malfunction

Optional On-Target Session (Proactive Defense, Northlake, Texas)

- ☐ I'll book with the link and code in my completion email (participants only; please don't share), or call or text 940-222-8534 for help
- ☐ Complete the TPD waiver: https://www.trainprotectdefend.com/training-day/
- ☐ Directions and check-in are in my confirmation email. I follow the range's posted rules and staff, and I only bring ammo the range allows
- ☐ I don't handle firearms unless directed by range staff or my instructor. First visit: I complete the range's own waiver (separate from the TPD waiver)
- ☐ I check in and let staff know I'm there for a private TPD session. I wait for my instructor to come get me
- ☐ I bring a handgun, at least 50 rounds, hearing and eye protection, a hat, and closed-toe shoes. A loaner handgun and hearing/eye protection are available; I'll ask about ammo cost if I need a loaner
- ☐ What to expect: review the four safety rules, practice with a SIRT training pistol, then live fire, at my pace. The in-person session is optional and can be taught by any qualified TPD instructor

My Next Steps

- ☐ I will practice the four rules every time I handle a firearm, and audit or upgrade my storage this week
- ☐ If I plan to carry, a Texas License to Carry is a smart, separate step. Carry Right explains why and covers Texas law. LTC is not part of the Preparedness Programs

I will / will not book the optional in-person session, because:

If I'm unsettled after this material, I'll talk with (pastor / Christian counselor / trusted friend):

Next Steps: TPD Courses

- Recommended next course: Carry Right — Texas law and carry responsibility.
- If you haven't already: Situational Awareness, De-escalation and Conflict Resolution, and Active Threat Awareness (Prepare, Escape, Restrict, Defend).
- Safer at Home: habits and hardening for storing a firearm securely in the house.

Questions or tech support: call or text 940-222-8534 or email info@trainprotectdefend.com. Visit trainprotectdefend.com.

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